



creating a safer environment

Sling Guide



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Introduction

A sling is an item of moving and handling equipment, which is used with a mechanical lift in order to facilitate the transfer of a patient. A sling comprises a specially designed and constructed piece of fabric, which is placed under and around a patient before being attached to the spreader bar/cradle of a lift to raise, transfer and lower the patient.

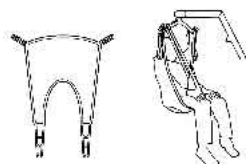
Selected and used correctly, a sling and lift will achieve a safer transfer, reducing the risks associated with manual handling.



	Please note: It is very important to use the correct sized sling and ensure it is properly fitted before attempting to lift. This will ensure the person being lifted feels safe, dignified and comfortable. It will also provide a carer with confidence that they can achieve the transfer that they wish and that the procedure will be executed in an effective and safe manner. This guide aims to assist those responsible for the provision of slings by outlining some key factors to be addressed in the selection of the most appropriate type of sling for a patient. Guidance is then given as to which sling from the OXFORD range will best meet these requirements. OXFORD has an extensive range of slings. Our slings are a reflection on many years of refinements that make our range one of the most comfortable and flexible in the market place today.

Sling Models

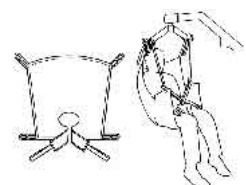
The Oxford range of slings has been designed with a number of features aimed at meeting varied lifting requirements and applications. Each sling is described briefly below. Note FIM scores have been provided as an assessment tool to classify a person's function from independence to total assistance in 7 levels. See page 7 for classifications details.



Quick fit/Universal Sling (Spreader Bar: 6 Point)

This sling is an easy-to-fit, general-purpose sling designed to suit 85% of patients. It is simple to use and is available in all sizes from XS to XL.

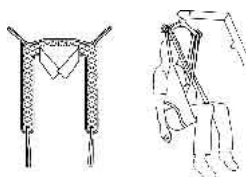
FIM Scores: 1 and 2 and any other person from the floor



Quick Fit Deluxe Sling (Spreader Bar: 6 Point)

This sling is a development of the Quick Fit design and is suitable for 95% of patients. It can be used for amputees following assessment, and is available in all sizes from XS to XL.

FIM Scores: 1 and 2 and any other person from the floor

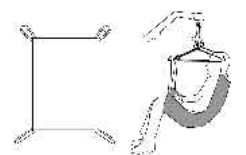


Access/Toileting Sling (Spreader Bar: 6 Point)

This sling is designed specifically to facilitate the toileting procedure by allowing the removal of clothing. It is NOT a general-purpose sling and will suit only 25% of patients. Patients must be in a sitting position to use this sling.

FIM Scores: 2 or 3 following careful assessment

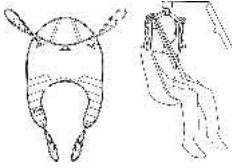
An assessment MUST be carried out when using the access sling as it can be dangerous when used on the wrong patient.



Long Seat Sling (Spreader Bar: 6 Point)

This sling can only be put on or removed in a lying position and is most commonly used with amputees. This sling also needs to be used in conjunction with side suspenders.

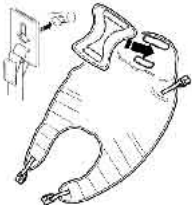
FIM Scores: 1 or 2 following careful assessment



Full Back (Spreader Bar: 6 Point)

This is a more specialized sling. It incorporates integral boned head support and padded leg pieces and is available in all sizes from XS to XL. The correct size will fit snugly and give full protection for patients who go into extension or have involuntary movements or behavioural problems.

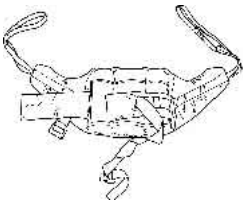
FIM Scores: 1 and 2 and any other person from the floor



Comfort Sling (Cradle: 4 Point)

This is a more specialized sling. It allows correct positioning to be made via the 4-point cradle and uses the Securiz sling connection system ensuring no inadvertent detachment of the sling from the cradle. It incorporates a removable comfort pad for head support and fits snugly to give full protection for patients who go into extension or have involuntary movements or behavioural problems. It is available in all sizes from XS to XL.

FIM Scores: 1 and 2 and any other person from the floor



Standing Sling (Standaid)

The standing sling is suitable for those patients who have a greater degree of weight bearing ability. It allows excellent access for toileting and is easy to fit, providing quick and effective transfers. One size fits all with the adjustable waist strap; the non-slip back pad ensures the sling does not ride up during the transfer. This sling can be dangerous, however, when used with the wrong patient, so a careful risk assessment is advised.

FIM Scores: 3 and 4



Transport Sling (Standaid)

The transport sling is suitable for those patients with a degree of weight bearing ability. It is easy to fit, allowing quick and effective transfers. One size fits all with the adjustable waist strap.

FIM Scores: 2, 3 and 4

FIM Score

A widely used assessment tool to classify a person's function from independence to total assistance in 7 levels.

What are the 7 levels?

Independent

- 7. Complete Independence** Another person is not required for the activity which is performed safely without modification or outside assistance within a reasonable time.
- 6. Modified Independence** Another person is not required for the activity but may need an assistive device, more than reasonable time giving a risk consideration.

Dependent

- 5. Supervision or set up** Someone required to help by observation, encouragement without contact.
- 4. Minimal Assistance** Someone required to help – by touching – subject makes 75% or more of the effort.
- 3. Moderate Assistance** Someone required to help by more than touching – subject makes 50% - 75% of the effort.

Complete Dependence

- 2. Maximal Assistance** Complete dependence. Subject makes less than 50% but at least 25% of effort.
- 1. Total Assistance** Complete dependence. Subject makes less than 25% of effort.

Please note that staff in ALL areas must have immediate access to at least one mobile passive hoist for use in the event of an emergency such as the retrieval of a fallen person. A passive hoist suitable for a very heavy person should also be accessible within the facility/hospital, and all staff should be aware of the system for accessing the hoist as required. For example in the event of an unplanned admission of a very heavy patient into Accident and Emergency.

OXFORD Sling Features

OXFORD has many common attributes that make our slings easier to use, and easier to train with.

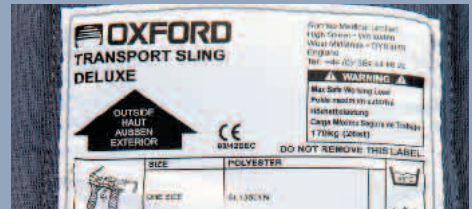


Coloured binding which provides clear recognized size information.



Coloured loop straps, which provide adjustment and the correct angle positioning for the 6-point spreader bar system.

Clear labels provide all the information required together with a line drawing showing how our slings fit.



Leg support widths (1) offer optimal support, while not cutting into the knee or groin area, and modesty loops (2) stop the patient's legs from splaying while transferring.



Centerline markers aid the carer in the correct positioning of the sling, especially when inserting the sling before an off the bed or floor transfer.





Made from polyester OXFORD slings are durable, soft and comfortable. Padding provides additional comfort and support to delicate areas and our webbing straps have covered ends to protect patient's skin.

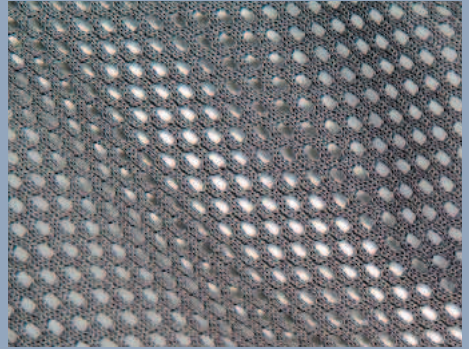
The angle of the straps has been carefully calculated to ensure the correct posture and comfort of the patient



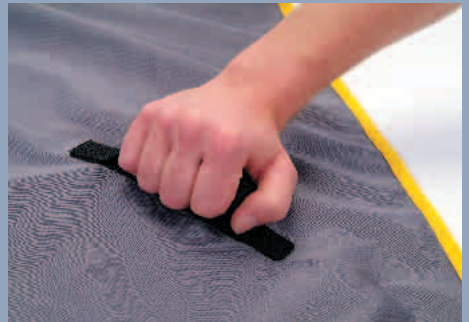
Head supports ensure correct positioning during transfer



Net slings are ideal in wet environments, providing rapid draining and drying.



Handles on the sides of our slings are optimized to ensure correct handling.



The grey colour of our slings means contamination is easy to spot – but the polyester fabric isn't prone to staining, and is easily laundered.



Cradle Options

The OXFORD professional lift range has the option of two cradles that provide the carer greater choice in selecting the most appropriate sling and cradle for the task. The Presence and Stature can be used with either the 6-point spreader bar or the 4-point positioning cradle.



6-point spreader bar



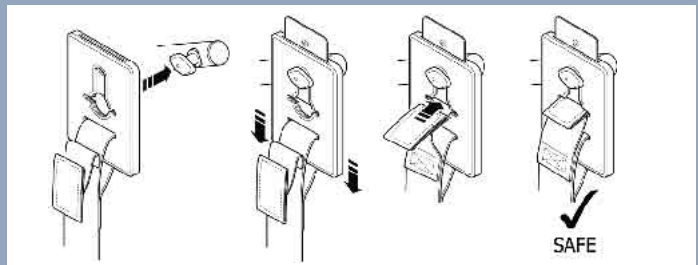
**4-point
positioning cradle**

The 6-point spreader bar uses slings with webbing loops, which allows positioning adjustments to be made by selecting the different coloured loops. The attachment straps at shoulder level determine the position of the back, ranging from upright through to semi-reclined and reclined. Similarly, the attachment straps at the legs determine the approximate degree of flexion at the hip, from around 90° to 45°.

The position achieved by adjusting the loops will depend upon the height and build of the patient. The rule of thumb is the shorter the shoulder straps the more upright the client will be.

Alternatively the 4-point positioning cradle uses the Securiz safety clip system and adjustment is made by rotating the cradle handle either down or up to obtain an upright or reclined position for the patient.

Note: The Comfort sling utilizes the Securiz clip system and this was especially designed to ensure NO inadvertent detachment occurs. The 3 key stages assures the patient and carer of safety and comfort positioning throughout the transfer.



Both cradles have their place, but more importantly it allows the carer to choose exactly the correct sling for the patient and task in question.

Range of Sizes

Most slings are available in a range of sizes to accommodate variety in height, shape and weight of patients. All these factors must be taken into consideration when selecting the appropriate sling for the patient. Sizes are available from XS to XL and full details on our slings can be found in our order form.

Extra Small (paediatric)	Small	Medium	Large	Extra Large
XS	S	M	L	XL
				

Weight Capacity

Clearly stated on label is the safe working load. This is 227kg/500lbs or 35st. Some slings vary so always check the label before use.



Identification Label

The identification label provides essential information about the sling such as:

- Model reference number
- Type of sling
- Size
- Testing mark CE or similar
- Date of Manufacture
- Care Instructions
- Safe working Load (SWL)
- Bar code
- Identification picture

Note:

A unique Serial Number enables traceability, which can be used for inspection and audit records

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User Guide

A detailed User Guide is provided with all slings. It contains essential information concerning machine washing and general care of the sling.

Sling Safety Information (guidance)

- Maximum wash temp: 85°, non-biological washing powder
- Do not tumble dry at high temp
- Ability to wash helps against MRSA
- Wash 71° for 3 minutes
- Wash 63° for 10 minutes

Size & Weight Range Guide (Approx.)

Please note the following sling guides are recommendations only. A full risk assessment must be conducted before any sling is selected. This will ensure safety for the patient and the carer

Sling Range Weight Recommendation Chart (GUIDE)											
Values shown: kgs/lbs/st											
	Low			High			Range				
XS	16	35	2.5	45	100	7	29	65	4.5		
S	34	75	5.5	68	150	10.5	34	75	5.5		
M	57	125	9	91	200	14	34	75	5.5		
L	80	175	12.5	136	300	21	57	125	9		
XL	125	275	20	227	500	35.5	102	225	16		

Special Slings

- Extend loop strap length to suit (leg or shoulders)
- Add loop to suit
- Remove head support
- Taper leg section
- Add lining to legs or body (synthetic fleece material)

Sling Prescription Sheets

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Clinical Support/Advice

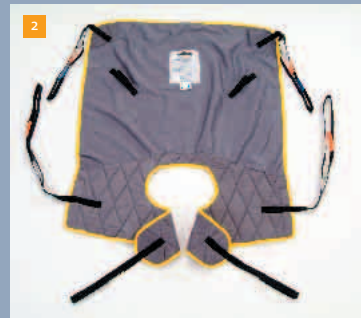
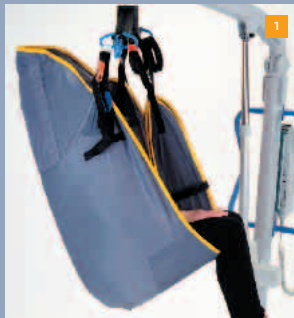
Clinicians are available upon request to assist Sunrise Medical customers by providing clinical information and advice in relation to OXFORD slings and other products.

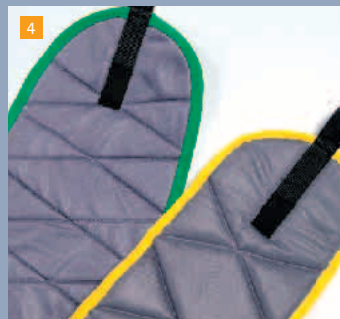
Moving and Handling Training

The correct equipment coupled with appropriate training can help to minimize the risks associated with manual handling. Sunrise Medical has developed a comprehensive range of moving and handling training programmes aimed at meeting the needs of all practitioners/carers. Programmes are flexible, with courses designed to suit individual circumstances and needs. The overall aim is to create "a safer environment".

Sling Support Levels and Commode Apertures

Different types of slings provide different levels of support for the patient being lifted. The support level is determined by the shape and structure of the fabric, with the main body of the sling providing support to the back and head (photo 1) and the leg straps providing support to the thighs, hips and buttocks (photo 3/4). The shape of the sling will also determine the presence and size of a commode aperture (photo 2 below).





Selecting the Best Type of Sling

Selecting a sling for an individual patient involves more than simply measuring their size and deciding what the sling will be used for.

Basic factors to take into consideration are the level of support required from the sling and whether a commode aperture is necessary. However, to be sure that a sling meets specific requirements and is the most appropriate sling available, many further aspects need to be considered as part of the selection process. Some of these are discussed briefly here.

Information about the task(s)

In order to be sure that the sling selected will be suited to its required use, it is necessary to determine the type of transfer task(s) that are desired, together with the frequency with which they will occur. This relates closely to the functional requirements of the sling. (for instance: a sling that is to be used for toileting will require a commode aperture). See access sling listed on P5.

Information about the carer(s) or handler(s)

When selecting slings, it is important to be mindful of the person(s) who will be fitting the sling and using the lift. Their abilities and limitations – especially experience and training – must be considered. Some slings are more complicated than others to fit and a handler may be reluctant to use a sling if the process of fitting it is too complex. The number of carers available to fit the sling as well as the total number of carers involved in a patient's care may also be important considerations – a range of carers may have a range of capabilities

Information about other equipment

It is necessary to establish the sling's compatibility with other equipment, especially the lift and the lifting system. It is also important to identify any associated equipment that is involved in transfers, such as seating, beds, trolleys, toilets, and play or therapy equipment, to ascertain that the lift and sling will work effectively with these items.



Selecting the Type of Sling for the Most Common Tasks

To simplify the process of sling selection, OXFORD has developed a chart to guide you in the appropriate use of each sling and task. There will, of course, be exceptions to this guide, but this reference enables a view of what tasks can be completed.

Sling Type	OXFORD Lift	Toilet	Commode to bath ²⁾	Chair to chair	Bed to chair	Floor to bed	Chair to commode
Access	Advance/Presence	■		■			■
Quick Fit Del	Advance/Presence	■	■	■	■	■	
Quick Fit	Advance/Presence	■	■	■	■	■	
Full Back	Advance/Presence	■		■	■	■	
Long Seat	Advance/Presence	■ ¹⁾			■	■	
Comfort	Stature	■	■	■	■	■	
Standing	Arise	■		■	■		■
Transport	Arise	■		■	■		■

1) Where purchased with a commode aperture

2) Use only with a net version

About Sunrise Medical

Sunrise Medical provides the complete solution to moving and handling with a range of compatible lifts, slings and accessories designed to meet the needs of both patient and carer. Besides OXFORD slings, the Sunrise Medical moving and handling range includes:

- Ceiling mounted lifts
- Mobile lifts
- Extended warranty and service options
- Moving and handling training packages

We trust you have found this guide both useful and informative.

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